



Wellness Champion and Health Promotion (Contractor)

Description: Wellness Champion

Location: Monroe County, FL

Status: 12 month contract position, part-time

Health Designs is a leader in worksite wellness with a focus on improving employee well-being, productivity and culture. We specialize in wellness assessments, biometric screenings, health coaching, consulting, custom programs and data management. We are seeking a standout Wellness Champion to provide onsite wellness promotion for a client company, in Monroe County, FL.

Responsibilities:

- Build and foster a long-term relationship with client company and their employees by offering a high level of onsite wellness program promotion that fosters both individual and organizational health and well-being
- Deliver a variety of services that educates, inspires and supports employee health and well-being and culture enhancement
- Communicate wellness initiatives to employees and promote participation in ongoing wellness activities at various client locations one month during each quarter
- Deliver engaging workshops and educational forums

Qualifications:

- Bachelor's degree in a health science (preferred)
- Familiar with using coaching methodology to support behavior change
- Strong and knowledgeable presenter of wellness workshops to groups and enjoys doing so
- Experience measuring biometrics a plus (manual blood pressure, finger stick, glucose)
- Expert communication and interpersonal skills
- Competent with Microsoft Office applications

Non-technical skills:

- Strong work ethic and ability to work independently
- Ability to travel throughout Monroe County and provide own transportation
- Takes initiative in all aspects of work
- Has passion for wellness personally and professionally
- Ability to connect and build rapport with people of all backgrounds
- Dedicated to high service standards
- Detail oriented
- Enthusiastic and positive attitude

Please send resumes to: britney@healthdesigns.net

Health Designs

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