SUPPLEMENTAL SERVICE OFFERINGS 2020

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Call 904-285-2019 or email us at hello@healthdesigns.net for more information.
Deliver cost-effective Biometric Screenings to any employee from the privacy of their own home. Our health screening home test kits provide high-quality biometric lab testing with easy-to-understand test results. This turn-key wellness solution features convenient online ordering and includes a telephonic health coaching session.

**Fast, Easy, Safe**

- Individualized online ordering
- Complete Home Test Kit includes:
  - Instructions and how-to video
  - Self-administered finger stick
  - Return packaging
- Results available in 48 hours of receipt
- Outbound telephonic coaching call for every participant
- Robust Executive Summary Report

Call 904-285-2019 or email us at hello@healthdesigns.net for more information and to take advantage of this solution!
Now more than ever, there is need to manage workforce health and well-being. Health Designs can check for an elevated temperature on employees, contractors, and visitors before they enter your facility.

- No-Touch Infrared Temperature
- Trained professional staff with appropriate PPE
- Turn-key solution
- Optional simple question screen

**PRICING**

$65 per hour

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Employees are feeling stress, fear and uncertainty amidst the COVID-19 crisis. Traditional approaches for mental health, well-being and stress management are no longer an option. Employers are proactively looking for alternative ways to help their employees.

- Health Coaches are degreed in a Health Science
- Calls range between 15-20 minutes
- Topics can include personal, financial, physical and emotional health to meet the needs of each employee
- Implementation within 24 hours of receiving employee census

**Pricing**
$2,750 for 50 scheduled calls including program setup and reporting

Call 904-285-2019 or email us at hello@healthdesigns.net to learn more about Telephonic Coaching.
Our easily accessible webinar packages help you engage your employees virtually. Each package takes a deep dive into health and well-being to support each individual.

**Webinar Packages**

- Your Health Toolbelt
- Stress and Energy
- Knowing your Numbers
- Maximize your Motivation

**Pricing**

$995 per package  
Each package includes 4 webinars

Call 904-285-2019 or email us at hello@healthdesigns.net for a detailed description of each package and to take advantage of this special offering!
HEALTH DESIGNS NOW OFFERING

VIRTUAL YOGA CLASSES

Are your employees feeling stress, fear and uncertainty amidst the COVID-19 crisis? Promote mental and physical health and increase productivity.

Learn various yoga poses and sequences for any skill level! Enrich all of your employees with 30 minute virtual LIVE classes!

Monthly Pricing Per Group
$95 - 1 class
$395 - unlimited classes

Call 904-285-2019 or email us at hello@healthdesigns.net to view our monthly schedule and to take advantage of this special offering!
Contact us today to discuss how we can support your team.