

## Wellness Manager

**Location:** Jacksonville

**Status:** Full-time, salary

Health Designs is a leader in workplace wellness with a focus on improving employee engagement, productivity and culture. We specialize in wellness assessments, biometric screenings, face to face health coaching, consulting, custom programs and data management. We are seeking a standout professional in corporate health promotion to join our growing team

### Responsibilities:

- Oversees all aspects of health promotion services for client companies that fosters high engagement, meaningful experience and positive outcomes.
- Coordinates communications for assessments, screenings and programs.
- Provides best practice, consulting and guidance
- Manages key data for client companies
- Assists with recruiting and developing new team members
- Perform biometric screenings integrated with Intrinsic Coaching
- Facilitates/Coordinates workshops that support well-being
- Creates custom health promotion programs
- Fosters long-term relationships with our clients, team and strategic partners

### Qualifications:

- Bachelor's degree in health promotion, exercise science, nursing, sports medicine or health-related discipline at a minimum
- 3-5 years' experience in corporate health, managing a health and well-being initiative
- Experience with incentive reporting, data management, tracking and evaluation.
- CHES certified and/or coaching certification preferred
- Experience measuring biometrics (manual blood pressure, finger stick, glucose) a plus.
- Skillful (understanding) in using coaching methodology to support behavior change
- Practiced presenter of wellness workshops to groups and enjoys doing so
- Expert communication and interpersonal skills
- Competent with Microsoft Office and web-based applications

### Characteristics and non-technical skills:

- Takes initiative in all aspects of work
- Has passion for wellness personally and professionally
- Positive attitude
- Dedicated to high service standards
- Organized and detail oriented
- Critical thinking and problem solving
- Willingness and flexibility to travel and meet early morning events
- Proficient at managing priorities

Please send resumes to: [britney@healthdesigns.net](mailto:britney@healthdesigns.net)

Health Designs

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